



Parkinson's Rehabilitation Program

Valir Rehabilitation Hospital

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Fighting the Battle Against Parkinson's Disease

Parkinson's Disease is a debilitating neurological disorder that progressively diminishes one's lifelong independence.

The healthcare staff at Valir Rehabilitation Hospital has chosen to fight the effects of Parkinson's Disease through education and the latest treatment strategies for the disease.

The goal of this program is to help one regain independence and learn coping strategies to improve the quality of life. The program treats all deficits including physical movement, speech, and daily living skills.

Our One-Of-A-Kind Program

Valir Rehabilitation Hospital is the only hospital in Oklahoma City and the surrounding area with the Parkinson's Proficient Accreditation from the Parkinson's Foundation of the Heartland. This accreditation means that hospital staff has been through hours of training and testing to learn more about the disease, the healing process, and appropriate treatment strategies.

Everyone's Needs Are Different

Our Parkinson's program contains numerous components geared toward **your** goals and **your** needs. The program consists of: physician and nursing care, patient and family education, neuropsychological care, physical therapy, occupational therapy, speech therapy, recreational therapy, aquatic therapy, community resource education, on-site support/exercise group, relaxation and breathing techniques, daily living skills training, pharmacy support, community re-entry training, dietary support, equipment training, and home and work assessments.

We strive daily to meet your individual needs and put you on the road to greater independence... at Valir,
***"it's not how you get here...
it's how you leave."***

