



Patient Name: _____

Diagnosis: _____

Surgical Procedure: _____

Precautions: _____

Frequency: _____ times a week Duration: _____ weeks

- Physical Therapy
- Occupational Therapy
- Speech Therapy

EVALUATE AND TREAT:

- Shoulder Program
- Neck Program
- Elbow Program
- Hand Program
- Back/Hip Program

HOME EXERCISE PROGRAM:

- Knee Program
- Ankle/Foot Program
- Aquatic Program
- Work Conditioning
- Posture Program
- Spinal Cord Program*
- Stroke Rehabilitation
- Brain Injury Program*
- Vestibular/Balance Program

* Available only at OKC Midtown.

MODALITIES:

- Hot Packs
- Cold Packs
- Ultrasound
- Electrical/Muscle Stimulation
- Phonophoresis
- Massage
- TENS Unit/Instructions
- Biofeedback
- Interferential
- Iontophoresis
- Traction
- Paraffin
- Splinting
- Fluidotherapy
- Dry Needling

EXERCISE:

- Passive ROM
- Active ROM
- Resistive ROM
- Active Assisted ROM

Special Instructions: _____

Physician's Signature: _____

Date: _____

Altus
301 E Broadway
Altus, OK 73521
(580) 477-3305
(580) 477-2423 fax

Guthrie
1726 S Division St, Ste A
Guthrie, OK 73044
(405) 293-6138
(405) 293-6252 fax

Norman
708 24th Avenue NW, Ste 100
Norman, OK 73069
(405) 321-5969
(405) 321-5967 fax

Purcell
1907 S Green Ave
Purcell, OK 73080
(405) 527-3524
(405) 527-3536 fax

Chickasha
(Inside Southern Plains Medical)
2222 W Iowa Ave
Chickasha, OK 73018
(405) 222-9537
(405) 222-9566 fax



Lawton
4645 W Gore Blvd
Lawton, OK 73505
(580) 355-6785
(580) 355-6788 fax



OKC Northpark
2820 NW 122nd St, Ste A
Oklahoma City, OK 73120
(405) 749-6720
(405) 749-1066 fax

Shawnee
3306 N Kickapoo, Ste 200
Shawnee, OK 74804
(405) 214-9808
(405) 214-9389 fax

Duncan
1507 Brookwood Ave
Duncan, OK 73533
(580) 252-9159
(580) 255-2158 fax

Midwest City
7005 SE 15th St, Ste 200
Midwest City, OK 73110
(405) 610-2488
(405) 610-2484 fax

OKC Midtown
700 NW 7th St
Oklahoma City, OK 73102
(405) 553-1501
(405) 553-1003 fax

Yukon
1115 Garth Brooks Blvd
Yukon, OK 73099
(405) 354-6698
(405) 354-6609 fax



Elgin
8355 US HWY 277
Elgin, OK 73538
(580) 492-1112
(580) 492-1113 fax

Mustang
153 E State Hwy 152
Mustang, OK 73064
(405) 376-3535
(405) 376-3583 fax



OKC South
8409 S Western
Oklahoma City, OK 73139
(405) 616-0113
(405) 616-0116 fax

Edmond
1425 S Santa Fe Ave, Ste E
Edmond, OK 73003
(405) 285-8845
(405) 285-8848 fax

Newcastle
300 NW 32nd St
Newcastle, OK 73065
(405) 387-4220
(405) 387-4222 fax

Piedmont
13100 Colony Pointe Blvd, Ste 108
Piedmont, OK 73078
(405) 283-9774
(405) 283-9776 fax

