



Patient Name: _____

Diagnosis: _____

Surgical Procedure: _____

Precautions: _____

Frequency: _____ times a week Duration: _____ weeks

Physical Therapy Occupational Therapy Speech Therapy

EVALUATE AND TREAT:

- Shoulder Program
- Neck Program
- Elbow Program
- Hand Program
- Back/Hip Program

HOME EXERCISE PROGRAM:

- Knee Program
- Ankle/Foot Program
- Aquatic Program
- Work Conditioning
- Posture Program
- Spinal Cord Program*
- Stroke Rehabilitation
- Brain Injury Program*
- Vestibular/Balance Program

* Available only at OKC Midtown.

MODALITIES:

- Hot Packs
- Cold Packs
- Ultrasound
- Electrical/Muscle Stimulation
- Phonophoresis
- Massage
- TENS Unit/Instructions
- Biofeedback
- Interferential
- Iontophoresis
- Traction
- Paraffin
- Splinting
- Fluidotherapy
- Dry Needling

EXERCISE:

- Passive ROM
- Active ROM
- Resistive ROM
- Active Assisted ROM

Special Instructions: _____

Physician's Signature: _____

Date: _____

Altus
 301 E Broadway
 Altus, OK 73521
 (580) 477-3305
 (580) 477-2423 fax

Enid
 225 W Owen K Garriott Rd
 Enid, OK 73701
 (580) 237-7896
 (580) 233-6699 fax



Mustang
 153 E State Hwy 152
 Mustang, OK 73064
 (405) 376-3535
 (405) 376-3583 fax

Piedmont
 13100 Colony Pointe Blvd, Ste 108
 Piedmont, OK 73078
 (405) 283-9774
 (405) 283-9776 fax

Chickasha
 (Inside Southern Plains Medical)
 2222 W Iowa Ave
 Chickasha, OK 73018
 (405) 222-9537
 (405) 222-9566 fax

Guthrie
 1726 S Division St, Ste A
 Guthrie, OK 73044
 (405) 293-6138
 (405) 293-6252 fax

Newcastle
 300 NW 32nd St
 Newcastle, OK 73065
 (405) 387-4220
 (405) 387-4222 fax

Purcell
 1907 S Green Ave
 Purcell, OK 73080
 (405) 527-3524
 (405) 527-3536 fax

Duncan
 1507 Brookwood Ave
 Duncan, OK 73533
 (580) 252-9159
 (580) 255-2158 fax

Lawton
 4645 W Gore Blvd
 Lawton, OK 73505
 (580) 355-6785
 (580) 355-6788 fax

Norman
 708 24th Avenue NW, Ste 100
 Norman, OK 73069
 (405) 321-5969
 (405) 321-5967 fax

Shawnee
 3306 N Kickapoo, Ste 200
 Shawnee, OK 74804
 (405) 214-9808
 (405) 214-9389 fax

Edmond
 1425 S Santa Fe Ave, Ste E
 Edmond, OK 73003
 (405) 285-8845
 (405) 285-8848 fax

Memorial Springs
 13100 N Western, Ste 302
 Oklahoma City, OK 73114
 (405) 749-6720
 (405) 749-1066 fax



OKC Midtown
 700 NW 7th St
 Oklahoma City, OK 73102
 (405) 553-1501
 (405) 553-1003 fax

Yukon
 1115 Garth Brooks Blvd
 Yukon, OK 73099
 (405) 354-6698
 (405) 354-6609 fax



Elgin
 8355 US HWY 277
 Elgin, OK 73538
 (580) 492-1112
 (580) 492-1113 fax

Midwest City
 7005 SE 15th St, Ste 200
 Midwest City, OK 73110
 (405) 610-2488
 (405) 610-2484 fax

OKC South
 8409 S Western
 Oklahoma City, OK 73139
 (405) 616-0113
 (405) 616-0116 fax