



# VALIR PHYSICAL THERAPY

## DID YOU KNOW?

Valir physical therapists can help you:

PROGRESSIVE THERAPY

PRESCRIBED FITNESS

SPORTS ENHANCEMENT

## WHY CHOOSE VALIR FOR PHYSICAL THERAPY?

Valir physical therapists are your perfect partners in health. They are experts in the way the body moves. As highly educated health care professionals, physical therapists get you moving and enjoying life again, using scientifically-based treatment techniques that not only focus on restoring function, reducing pain and preventing injury, but also offer personalized health and fitness programs that provide lasting results. At Valir Physical Therapy, we are so much more than therapy.

## 19 OKLAHOMA LOCATIONS

Altus	Lawton	OKC South
Chickasha	Memorial Springs	Piedmont
Duncan	Midwest City	Purcell
Edmond	Mustang	Shawnee
Enid	Newcastle	Yukon
Elgin	Norman	
Guthrie	OKC Midtown	

## VALIR THERAPISTS SPECIALIZE IN:

- Aquatic Therapy
- Balance Disorders
- Concussion Management and Baseline Screening
- Drug Screens
- Dry Needling
- Ergonomics/Job-Site Analysis
- Functional Capacity Evaluations
- Functional Movement and Screening
- Hand Therapy
- Occupational Therapy
- Personal Training
- Physical Therapy
- Post-surgical Rehabilitation
- Pre-Employment/Post-Offer Screens
- Reduction of localized pain
- Speech Therapy
- Sports Injuries
- Therapy Education
- Vestibular Rehabilitation