



Valir Rehabilitation Hospital Stroke Survivor & Caregiver *Lunch and Learn Series*

Topic: Spring Gardening

Wednesday, April 4 | 11:30 a.m. - 1:00 p.m.

First Baptist Church Coffee Shop

1201 N Robinson, OKC 73103



Featuring: Spring GARDENING can be an enjoyable passtime as well as a therapeutic outlet that brings peace and tranquility to many people. Greg Welch, Hospital Administrator for Valir Rehab Hospital, will be introducing many different ways to GROW plants so that you can enjoy spring time gardening your way.

This is a free event for all interested in support benefiting the stroke survivor, the caregiver, and those that know and love these individuals. All attendees receive a complimentary lunch and refreshments.

To RSVP, please visit www.valir.com/events or call 405.609.3604

